Walking Weekend

Mangawhai Walking Weekend Booking Form

One person per form thank you. Tick boxes. 1st and 2nd choices where applicable.

Friday 27 March

Troubadour Trail 2.30pm	\$10	
Troubadour Trail 3 pm	\$10	
Troubadour Trail 3.30pm	\$10	

Saturday & Sunday Lunchpacks

- Pick up prior to walk

Packed Lunch (Ham) Saturday	\$11	
Packed Lunch (Veg) Saturday	\$11	
Packed Lunch (Ham) Sunday	\$11	
Packed Lunch (Veg) Sunday	\$11	

Walkers Big Breakfast Sunday

Breakfast Sunday 8.15am \$12.50

Saturday 28 Ma	rch	Cho 1st	ice 2nd
Brynderwyns BushTramp to Marunu			
Doggy Walk	\$20		
Estuary to Ocean	\$20		
Henry's Bush and Farm	\$20		
Kayaking	\$35		
Mangawhai Cliff Top Walk	\$20		
Panoramic Mangawhai	\$20		
Ramblers' Food Experience	\$30		
Romance on the Kaipara	\$30		
Tamahunga Summit	\$36		
Tanekaha Falls Track	\$20		
Tanekaha Forest Track (new)	\$20		
Tanekaha Loop (new)	\$20		
Te Arai Unwrapped	\$20		
Thornleigh Farm Walk	\$20		
Tomarata Lakes to Beach	\$30		
Waipu Coastal Trail	\$20		

Food & Wine Festival

3-7pm. The Olive Grove. Insley Street, Mangawhai (\$30 gate sales. 18yr+)

Sunday 29 Mai	rch	Cho 1st	ice 2nd
Bald Rock and Kauri Bush Walk	\$20		
Brynderwyn Trig	\$30		
Geology	\$20		
Historic Ramble	\$30		
Kiwi Country	\$20		
Logues' Bush	\$20		
Mangawhai Cliff Top Walk	\$20		
Matheson Bay to Goat Island	\$35		
Pakiri Cliff Walk	\$35		
Photography Walk	\$20		
Tanekaha Falls Track	\$20		
Tanekaha Forest Track (new)	\$20		
Tanekaha Loop (new)	\$20		
10 acres in 10 years (new)	\$20		
Te Arai	\$20		
Waipu Coastal Trail	\$20		

Booking total:



Mangawhai Walking Weekend

Information

We aim for this weekend to be an enjoyable time while making new friends and discovering Mangawhai. All walks are led by a leader who will set the pace of the group and remain in front; walkers are to keep with the group and stay between the leader and the 'Tail-end Charlie'.

- Walkers sign on at the beginning of each walk, and sign off at the completion – our way of accounting for all walkers.
- All walkers meet at the Mangawhai Domain, at the western end of Moir Street, in the Mangawhai Village.
 Note that this location is a change from previous years.
- Walks have limited numbers please do not be disappointed if your first choice is not available.
- Please make sure you elect a second choice.
- Car pooling will be organised for some of the walks; this is arranged on the day. Some walks include the cost of bus transportation.
- Confirmation of your walks, and information about what to bring will be emailed/mailed to you.
- Most walks do not have toilet facilities. Toilets are available at the Mangawhai Domain.
- All recommended times include traveling time.
- For further information on walks contact Gordon Hosking: Phone 09 4315779
- For further information on bookings contact Dorothy Freeman: Phone 09 4315950

Cheques payable to Mangawhai Walking Weekend Charitable Trust. Return Form to: Mangawhai Walking Weekend, 34 Cheviot Street, Mangawhai Heads 0505

Walking Weekend Lunches

Lunch packs are available by pre-order for Saturday and Sunday. Please tick your selection on the Booking Form. Pick up is prior to walks on Saturday and Sunday. Your lunch pack will include a french stick roll with choice of filling; ham and salad with dressing or vegetarian – cheese and salad with dressing, plus an apple, banana and one homemade biscuit. This is a Fundraiser for Senior Net Mangawhai

Big Breakfast 8.15am Sunday \$12.50

This is a breakfast not to be missed and a highlight of the weekend. Our gourmet breakfast includes fruit platters, croissants, bacon, eggs, avocados and all the trimmings. Make sure you book for this celebration as numbers are restricted.

Grade of Walks:

- **Grade 1**. Essentially flat with maybe a few gentle rises such as across a sand dune onto a beach. Sweat is unheard of on these tracks!
- Grade 2. Flat to rolling with some easy short climbs on a well surfaced track. Not commonly used in training for the Coast to Coast!
- **Grade 3.** Some good climbs of moderate duration, often with stream crossings and odd muddy/slippery patch, but on well-formed tracks. Be prepared for heavy breathing!
- Grade 4. Includes some more demanding sections of steep climbs and descends but still on well-formed tracks, although requiring care on slippery surfaces and stream crossings.

 Real men and women walk these tracks are you up to it?
- Grade 5. We only have some very short sections of tough, steep, uneven, and demanding. Hillary would have trained on these!

Mangawhai Walking Weekend

REGISTRATION FORM

Bookings Open Dec 1 and close 21 March 2015

Walking Weekend base will be the Mangawhai Domain, at the western end of Moir Street, in the Mangawhai Village. **Please note** that this location is a change from previous years.

CONDITIONS OF ENTRY AND DISCLAIMER

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While every reasonable precaution has been taken by the organisers to ensure the health and safety of all participants in the Walking Weekend activities, the organisers cannot be held responsible for any accidents or injuries which may occur. The organisers request that all participants be well prepared for their walks, read the instructions sent to them prior to their walks and on the day listen to and follow instructions of the leaders. The organisers reserve the right to cancel any event on the programme without prior notice, due to weather or any other concern. In the unlikely event of this happening, walkers will be notified by email, phone or at the Mangawhai Domain on the day.

All walkers are required to sign on at the beginning of each walk, and sign off at its completion.

One booking form per per	rson.
Full name:	
Address:	
	Postcode:
Phone:	
Mobile:	
Email:	

- Book early to ensure your first choice as all walks have limited numbers, please ensure you elect a second choice.
- Sorry there are no refunds and registration are non transferable.
- Return Form by post or scan to our email address Mangawhai Walking Weekend,
 34 Cheviot Street, Mangawhai Heads 0505
- For further information on walks contact Gordon Hoskina: Phone 09 4315779
- For further information on bookings contact Dorothy Freeman: Phone 09 4315950
- Email mangawhaiwalkingweekend@gmail.co.nz
- Website www.manaawhaiwalkinaweekend.co.nz

Cheques payable to: Mangawhai Walking Weekend Charitable Trust. Online payment and registration are available ASB bank account 12-3094-0223566-000

Please use your full name as Reference when entering payment. Bookings will be not confirmed until payment is received. All proceeds to:Mangawhai Walking Weekend Charitable Trust