



Mangawhai Walking Weekend

Special Events

Friday - Troubadour Trail - Music & Magic

A delightful afternoon amble suitable for all ages. Walk the picturesque estuary loop track wandering along the cliff top and return along the shore; be entertained by professional performers in hidden locations along the trail. A magical start to the walking weekend. Some steep steps. Departs Boat Ramp, Alamar Crescent 2.30, 3.00, 3.30pm \$10.00, children free

Saturday - Food & Wine Festival

This is the highlight of the walking weekend for many! Relax in the Olive Grove after your walk, enjoy the late afternoon sun, with delicious food and wine available from local producers, plus fabulous music and dancing. Tickets limited and last year's event sold out, so order tickets early. 3.00 -7.00pm, The Olive Grove, 35 Insley Street, R18, no BYO. \$25.00 or \$30.00 gate sales on the day. Tickets available online, Bammas, Mangawhai Books & Gifts.

Walks

10 acres in 10 years - Sunday - Grade 3 Share the passion of four small block owners who are committed to returning rough pasture to mostly native plantings. What are the challenges and how have they been solved? See the progress made over several years as the committed owners battle wind, drought, fertility, wildlife and more. Exchange ideas as we explore the land. This walk will be of great interest to people thinking of planting out part of their own properties or who have an interest in growing native plants. Carpool. Departs 9.00am, 5hrs, \$20.00

A Botanical Bush Tramp to Marunui Trig - Saturday - Grade 4

An energetic bush walk over private, covenanted land in the Brynderwyns, where kiwi have been released over the past three years. Learn about Marunui's conservation management programme. Brush up on your knowledge of New Zealand's native flora in the company of a botanist. An opportunity to appreciate the forest's values and special features - northern rata, nikau, puriri, kauri, climbers and epiphytes. Starting from the valley floor we will climb, occasionally steeply, through mature and regenerating bush to reach the Marunui Trig point at 397m. Here you can enjoy your lunch and extensive coastal and rural views. We descend back to the valley and a former kauri logging site. The walk concludes with afternoon tea at one of the cottages. Good fitness and walking boots essential, small streams to cross. Carpool. Departs 9.15am, 5hrs, \$20.00

Bald Rock and Kauri Bush Walk - Sunday - Grade 3

Take the two kilometre climb up Bald Rock to experience 360 degree panoramic views from coast to coast - Kaipara Harbour to Mangawhai. This distinctive landmark of grey/white rock, formerly mined, sits on one of the last areas still owned by the Coates family. Then meander through lush regenerating kauri forest known locally as "Pretty Bush". Both walks are rich in history and are led by local identities who are direct descendants of the first European settlers. Carpool. Departs 9.30am, 3-4hrs, \$20.00

Bike Mangawhai Grindfest - NEW - Saturday - Grade 1-3

Fun filled riding for all ages and abilities. Hit the Mangawhai Activity Zone bike trails and skills area under the supervision of experienced riders led by our own Commonwealth Games representative Sadie Parker. Children and adults try your skill, learn from the experts, and compete in short cycle cross races. Don't forget your helmet! Carpool. Departs 9.00am, 6 hrs, 12 years and under \$10.00, adults \$20.00

Blokes Sheds - NEW - Sunday - Grade 2 What's going on behind closed doors? Visit some outstanding Mangawhai sheds where good keen locals indulge their passions. From classic car restoration to wood turning to home brewing. Come and see the skills these blokes possess. You may pick up some tips yourselves and perhaps score a sample. Sheilas are welcome but no talk of cooking, babies or dressmaking! Bus transport. Departs 8.45am, 4-5hrs, \$30.00

Doggy Walk - Saturday & Sunday - Grade 2

A walk with your best friend. Bring your well-socialised dog and enjoy a leisurely farm walk through native bush. This is a real doggy walk, no plastic bags required! Be prepared to share a great outing with your dog and expect your pooch to enjoy getting dirty! Experience total freedom as all areas are off the leash. Come and discover another part of Mangawhai. Carpool. Departs 9.30am, 3hrs, \$20.00

Event Cache - NEW - Sunday - Grade 3 Getting energetic in Mangawhai Community Park. A geocaching event to be held in the 37ha Mangawhai Community Park. Lots of tracks or bush bash, with plenty of up and down. How fast can you do it? Great for the young and energetic or the old and cunning! Start and finish at the Mangawhai Activity Zone. Carpool. Departs 9.00, 4hrs \$20.00

Geology - Saturday & Sunday - Grade 2 A fascinating exploration along the beach. Come and examine some of the local chapters of the Earth's history revealed in the rocks of the Mangawhai surf beach foreshore and beyond. Volcanism, deep water deposits and more. Some boulder hopping along the beach. The leader of this walk is Dr Garry Carr, geologist, teacher and part time resident of Mangawhai Heads for the last twenty years. Carpool. Departs Saturday 8.30am & Sunday 9.30am, 4 hrs, \$20.00

Henrys' Bush - Saturday - Grade 3 For thirty years the Henry family has protected unique remnant stands of bush from grazing. These volcanic soils have nourished a huge variety of native plants, from broad leaf to kauri gum-land species, enjoy this stunning mix of New Zealand natives, some hundreds of years old. Sitting high in the foothills of the Brynderwyns the breath taking

views spread across pristine vineyards and pale green olive groves before stretching out to Mangawhai and the sea. Included are major pre-European features. Carpool. Depart 8.55am, 4-5hrs, \$20.00

Logues' Bush - Sunday - Grade 2 cancelled due to Kauri die-back. A local treasure and native forest remnant, dominated by totara but rich in other lowland native species. Cross the little bridge into another world of peace, tranquility and bird song. Join the knowledgeable guides to explore and discover a local hidden treasure. Carpool. Depart 9.45am, 3hrs, \$20.00

Mangawhai Cliff Top Walk - Sat & Sunday - Grade 4

Mangawhai's iconic walkway and part of the national Te Araroa Trail. This track takes us along the spectacular cliff tops north of Mangawhai Heads. It is a classic DOC track and known as one of the best coastal walks in New Zealand. Vistas stretch from Bream Head to Pakiri and Coromandel. Carpool. Depart 9.00am, 4-5hrs, \$20.00

Mangawhai Garden Spectacular - Saturday & Sunday - NEW - Grade 2

Secret Gardens. A rare opportunity to view some special and unique Mangawhai gardens. These properties have been selected for their unusual and subtropical features, they are lush, colourful and creative. The owners are devoted and passionate gardeners. A subtropical treat! This walk includes morning tea at the historical Mangawhai Tavern. Carpool. Departs 9.15am, 4hrs, \$25.00

Mangawhai Highlights and Hidden Pathways - NEW - Saturday & Sunday - Grade 2

What's along that pathway? Stroll along some of Mangawhai's hidden pathways, while hearing the associated history. Mangawhai Community Park, major subdivisions, recent developments, the Big Dig, the estuary shoreline and more. A must walk for anyone thinking of making a home Magical Mangawhai and wanting some local knowledge. Morning tea at museum. Carpool. Depart 9.15am, 4hrs, \$25.00

Matheson Bay to Goat Island - Sunday - Grade 4

This outstanding walk covers four public pathways, starting at the picturesque Matheson Bay, the track continues alongside a stream through bush and mature Kauri to a series of delightful small waterfalls. We then take the scenic Leigh Coastal walk and on around the Leigh Harbour, continuing through bush to a small pretty bay for lunch. A 2km road walk then offers expansive views before crossing farmland to join the walk on to Goat Island through regenerating bush with great views of Little Barrier Island, Great Barrier Island and the Mokahinau Islands. Keep a look out for dolphins! This walk has a section with a demanding climb of 165 steps. Bus transport. Departs 8.55am. 6-6 ½ hours including transport 1 hour each way. \$35.00

Pakiri Cliff Walk - Sunday - Grade 4 Get out your camera and come and discover the magnificent natural wonders of Pakiri. A bus ride along quiet country roads to begin, followed by a very rewarding walk which begins at the school, rises up to the heights, travels along the ridge, past the pa site and back down to the beach. If the tide is not favourable the walk will be undertaken the other way. Enjoy the magnificent views and landscape colours as you go. Bus transport departs 9.15am, 4-5hrs, \$35.00

Panoramic Mangawhai - Saturday - Grade 3-4

Mangawhai from above. Take in the hilltops for the 'best views in Mangawhai'. Start with a short climb to the lookout behind the Surf Club for views of the sand spit and beaches north and south. Then it is on to the Goldschmidt Track with its spectacular vistas – coastal, estuary, hinterland and islands of the upper Hauraki Gulf. This walk explores hidden access ways and rises to vantage points with breathtaking outlooks. Enjoy lunch on a magical harbour beach. Carpool. Departs 9.00am, 4hrs, \$20.00

Rambler's Food Experience - Saturday - Grade 3

Go behind the scenes of Mangawhai's delicious food and wine producers. Walk farmland pathways to visit vineyards, avocado, olive and pomegranate farms and enjoy a dash of history. The owners of a varied mix of five new and established properties will share their passion and knowledge. Learn how they live on their land and make it productive. Ramblers will also enjoy some good bushwalking experience up hill and down. We present a splendid showcase of what Mangawhai has on offer. Bus transport. Departs 8.30am, 5-6hrs, \$30.00

Romance on the Kaipara - Saturday - Grade 3

Literature and history on the Kaipara. We meet two women thwarted in love as a little section of Kaipara history is revealed. Tucked onto the harbour edge, behind Kaiwaka, our visit will bring to life the landscape that influenced our first known woman novelist, Jane Mander, as she wrote 'The Story of a New Zealand River' (recommended prior reading). Secondly we meet the historic Gittos family, descended from original missionaries, and visit their house, little changed from 1866. There are a number of 'rustic' stiles and fences and a steep hike up to the clear grass ridges of the pa site. Some agility is required. Excellent views from the top. A fund raising cup of tea is included. Carpool. Departs 9.05am, 6-7hrs, \$30.00

Tanekaha Falls/Puriri Track - NEW - Saturday & Sunday -

Grade 4 - 5 Spectacular walk and quite demanding, so well worth the effort! This walk combines the Tanekaha Falls Track as far as the remains of the kauri dam, with our newest Puriri Track, which winds back along the valley side until it re-joins the Falls Track just below the first waterfall. The Puriri Track includes two very large puriri trees, one of which is bigger than the largest formally recorded in Burstall and Sale's Great Trees of New Zealand. Enjoy a beautiful forest walk with stunning views and huge trees. A walk not to be missed. Carpool. Departs 8.55am, 4hrs, \$20.00

Tanekaha Loop - Saturday & Sunday - Grade 4-5

Streams, waterfalls, big trees, views, this forest walk has it all. One for the keen hikers, Mangawhai's most challenging walk incorporating the Tanekaha Falls and Forest tracks linked by a section of the Brynderwyn Walkway. Beginning and ending at the Tanekaha Track car park, it starts with an easy walk to the waterfalls followed by a steeper section to the kauri dam. The track levels out until a descent and steep climb out of the valley to the Brynderwyn Walkway. The Walkway has a few climbs but is generally easy and the Tanekaha Forest Track is all downhill. Carpool. Departs 8.45am, 5hrs, \$20.00

Te Arai - Sunday - Grade 3

Walk through yesteryear's regenerating kauri forest and learn about an intensive dry stock farm. See first-hand the benefits gained from the re-establishment of flora and bird habitats. Ascend regenerating 150 year-old kauri logging tracks. Hug 700 year old kahikatea trees. Our lunch stop offers a spectacular view from Whangarei Heads to Cape Colville. Watch for bird species both native and introduced: matukuku, kaka, kukupa, kookaburra, shell duck and rosella. Enjoy this fascinating walk while sharing light-hearted banter with this worldly farmer tour-guide. Carpool. Departs 9.30am, 5hrs, \$20.00

Te Arai Unwrapped - Saturday & Sunday - Grade 3

Treasures on our doorstep. Explore Te Arai, a relatively recent addition to the Auckland Regional Park network. Starting from the Te Arai Point car park we head south over the headland capturing 360 degree panoramic views. We explore parts of the land purchased in 2008, home to highly sensitive dune lake ecosystems, wetlands, coastal broadleaf forest and regenerating forest cover, before emerging at Te Arai south beach for lunch. After a short walk along the beach we return via the headland track. Carpool. Departs 9.30am, 3-4hrs, \$20.00

Thornleigh Farm Walk - Saturday - Grade 3

The evolving farming landscape. Be inspired by innovative and sustainable farming, for thirty years this farmer has been using sustainable techniques. While walking over part of the 170 acres that includes indigenous forest of kauri and kahikatea, we will learn how every aspect of the land is cared for and reused. Historic events will be explained along with discussions on the changing environment. Be stimulated and challenged as we consider how differently, with a slight change in thinking, land could be used. Of particular interest is the home orchard and we will lunch in the homestead gardens. Carpool. Departs 9.15am, 3-4hrs, \$20.00

Tomarata Lakes to the Beach - Saturday - Grade 2

One of New Zealand's most beautiful beaches. Discover the serenity and isolation of Tomarata. This flat beautiful walk takes us from the Lake View Chalets with their clear view of the sand-lakes, Slipper and Spectacle, through pine forest, around Lake Tomarata and out to the southern section of Te Arai beach with its brilliant white sands, wild waves and isolation. Look out for the sea birds and the memorial seat as we return on the loop track. Bus transport. Departs 9.00am, 4hrs, \$30.00

Waipu Coastal Trail - Saturday & Sunday - Grade 4

Waipu at its best. Built by the Lions Club and beginning at the Waipu Cove tidal stream, this track takes us along the coast almost into Lang's Beach. A portion covers private 'riparian rights' along the esplanade reserve. To avoid disturbing the natural landscape, the track is rough and narrow so this walk is best suited to the reasonably fit. Be prepared to be blown away by the magnificent coastal views and impressive sedimentary limestone rocks. Some road and beach walking included. Camera essential! Carpool. Departs 9.00am, 4-5hrs, \$20.00

Registration Information

Our aim for the weekend is that you have an enjoyable time while making new friends and discovering Mangawhai. Please note the following

- Walkers are required to sign on at the beginning of each walk and sign off at the completion of walk.
- All walkers meet at the Mangawhai Domain, 73 Moir Street, Mangawhai Village.
- Walks have limited numbers – please do not be disappointed if your first choice is not available, ensure you make a second choice.
- All walks are led by a leader who will set the pace of the group and remain in front.
- All walkers are to keep with the group and stay between the leader and the 'Tail-end Charlie'.
- Some walks include the cost of bus transportation. Car pooling will be organised for some of the walks and this will be arranged on the day.
- Confirmation of your walks, and information about what to bring will be emailed to you.
- Most walks do not have toilet facilities. Toilets at Mangawhai Domain.
- All recommended times include traveling time.
- For further information on walks contact Gordon Hosking: Phone 09 4315779
- For further information on bookings contact Dorothy Freeman: Phone 09 4315950

Walk Grades

Boots or very strong walking shoes recommended for all walks

Grade 1 Easy

Grade 2 Longer walk

Grade 3 More challenging, a longer length, moderate terrain, medium fitness

Grade 4 More demanding sections with steep climbs and on well-formed tracks, good level of fitness required, boots necessary.

Grade 5 Tough steep terrain, uneven surfaces, demanding, boots necessary.

Lunch Packs \$11.00

Lunch packs are available by pre-order only Saturday and Sunday. Please tick your selection on the Booking Form. Pick up is prior to your walk.

The lunch pack will comprise of french stick roll with filling of your choice, salad, dressing, fruit and biscuit. Lunch Packs are a Fundraiser for Senior Net Mangawhai

Walkers Big Breakfast Sunday - \$12.50

Walkers breakfast not to be missed! Our gourmet breakfast includes fruit platters, croissants, bacon, eggs, avocados and all the trimmings. Make sure you book for this celebration as numbers are restricted. 8.15am and can only be booking in conjunction with a walk.